ABSTRACT

The Themes of Sand
— Play Expression —

WOO Jong Tae

The expressional tendency in Sand-Play therapy is examined and discussed. For this purpose, some sand tray expressions created by Korean females were examined. As a result, “Ideal world”, “Solitary isolation”, and “Healing of personal traumatic experience” are pointed out. Finally, these tendencies are discussed as a part of general expression in Sand-Play therapy, and the necessity for further study was discussed as well.

Key Word: Sand-Play Therapy, Korean Female, Ideal world